



FISHERMOSS SCHOOL

ABERNETHY TRIP - GENERAL INFORMATION - Mon 22nd - Fri 26th May 2017

DEPARTURE

Pupil should come to school at the normal time on the morning of departure. On arrival at school pupils can put their luggage in the hall, via the hall door that leads into the playground. Pupils must keep their small bag containing their lunch with them. They should wait in the playground and come in on the bell as usual. The coach will leave school at 9.30am. We'd be delighted if you could wave us off but please ensure we have space to access the bus to load pupils and luggage!

RETURN

The coach is due back at school at around 3pm on the Friday and parents are encouraged to meet their children off the bus. We will telephone the school if delayed. Pupils will go into school until 3.20pm if no one is there to meet them off the bus.

Children who suffer from travel sickness should have appropriate pills, a suitable plastic bag and tissues with them.

ACCOMMODATION

ABERNETHY OUTDOOR CENTRE
NETHEYBRIDGE
INVERNESS-SHIRE
PH25 3ED
TEL: 01479 821279
www.abernethy.org.uk

**** PARENTS ARE REQUESTED NOT TO PHONE EXCEPT IN AN EMERGENCY ****

LUGGAGE

One holdall, small case or rucksack, **labelled with pupil's name and school** + one smaller rucksack/back pack for their lunch and to use on walks. Plastic bags for dirty clothes.

CLOTHING (Please refer to the list on the reverse side)

It is most important that the children have footwear suitable for walking, and a waterproof jacket. As far as possible, clothing should be named. A good idea is for children to take a list of the items they bring. This can be used as a checklist for packing to return.

VALUABLES (Please refer to the section below regarding Insurance)

Any valuables taken e.g. watches, cameras etc will be **pupil's own responsibility**. I-pods etc are allowed for journeys, bedtimes and free time. **Mobile phones should not be taken however if your child uses their phone for photographs and to listen to music then the SIM card must be removed and left at home.**

POCKET MONEY

An absolute maximum of £20 is allowed. This will be kept by school staff and issued when required. Please send it to the school in **single £1 coins** in a small plastic bag with the pupil's full name marked on the front, **the week before the trip. Please avoid purses and envelopes.**

INSURANCE

The whole group will be insured by Aberdeenshire Council's 'School Excursion Insurance Policy'. Details can be viewed on Aberdeenshire Council's website. Personal items such as jewellery, technology devices, watches etc are taken at an individual's own risk and are not covered. Should a parent or carer wish for such items to be covered then this would need to be arranged independently of Fishermoss School.

Residual Risk

"The planned excursion will take place according to Aberdeenshire Council's Excursion Policy and a copy of the policy is available for inspection at Fishermoss Primary School or on the Council Web Site. The excursion has been risk assessed and every effort will be made to minimise risk.

Nonetheless a totally risk free environment is unrealistic and in signing the parental consent form you are asked to acknowledge that a degree of residual risk remains. It is not anticipated that risks will exceed those incurred in normal day to day living."

JOURNEY

Monday-Coach from Fishermoss to Abernethy via Landmark. Toilet stop/break at Huntly.

Friday-Coach from Abernethy to Fishermoss via Baxters at Fochabers.

The children will need a packed lunch for the outward journey (No glass containers). Please ensure flasks/drink containers are inside a plastic bag and lids are closed properly.

Leaky flask=soggy sandwich=unhappy pupil=bad start! Remember to put the lunch in the bag they will carry with them on the bus as this avoids having to empty the boot at lunchtime.

BEHAVIOUR -A high standard of behaviour is expected at all times. Golden Rules apply.

STAFF ATTENDING - Mrs Ferguson, Mrs Dawson, Mrs Sayer, Mrs Jackson ($\frac{1}{2}$ wk) & Mrs Weiss ($\frac{1}{2}$ wk).

HEALTH DETAILS / DIETARY REQUIREMENTS / EMERGENCY CONTACTS

In Term 4 you will be required to complete a Parental Consent Form providing Emergency contact details, health details and dietary requirements. Any child bringing medication with them for one reason or another must hand it to their group leader on the Monday morning, before departure, for safekeeping. If you wish school staff to administer medication of any sort or if you wish your child to carry their own medication, creams and inhalers, there are forms to complete. These can be obtained from the school office in term 4. It is essential that these be completed prior to the departure date. Reminder will be issued.

CLOTHING LIST - The following is a list of items required:

1 small case/rucksack/holdall

1 smaller shoulder bag/rucksack for daily use (carrying packed lunch)

Trainers / Gym shoes for indoors

Wellingtons (could be useful if muddy but not essential)

Footwear suitable for walking & outdoor activities

Old shoes/trainers you don't mind getting wet (canoeing)

Waterproof jacket/cagoule

2 warm jumpers and tee-shirts

Casual trousers (e.g. jeans, tracksuit)

Changes of underwear

Extra socks + 1 thick pair

Pyjamas (All bed linen is provided by the centre but not towels)

Swim suit/trunks

1 pair shorts

Hat & gloves (May can be cold at Abernethy!)

2 large towels

Sun cream (May can be very warm at Abernethy!)

Toilet bag with toothbrush and paste, soap, shampoo, facecloth, comb etc

Thermos flask - named (for hot/cold drink for packed lunches)

Change of shirt/tops

Sandwich box - named (for packed lunches)

Tissues/hankies