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| **Literacy** | **Numeracy** | **Health and Wellbeing** |
| Take time to enjoy reading a book of your choice. Then:   * Design a new front cover/ illustrate one or more chapters * Turn a section of the book into a comic strip * Write a book review or create a video review * Draw the main characters or setting from the story – refer closely to the text for details of how they look * Summarise each chapter * Make a book trailer * Write a recommendation (or otherwise) for others who might be planning to read the book * Research the author – details of his/ her life; other books written by the author | Create a maths game to practice what we are doing in class. You could teach the class and we can play it together when you get back. | Find ways to keep active each day by creating a workout routine that you can share with your family. Then spend time exercising together. Record yourself on video as if you are a fitness instructor. Try to come up with at least 5 different exercises each day. Get some inspiration here: <https://www.youtube.com/watch?v=d3LPrhI0v-w&list=PLyCLoPd4VxBvPHOpzoEk5onAEbq40g2-k> |
| Go online and play a Maths game.   * Guardians: Defenders of Mathematica   (<https://www.bbc.co.uk/bitesize/topics/zd2f7nb/articles/zn2y7nb>)   * Topmarks   (<https://www.topmarks.co.uk/Search.aspx?Subject=16&AgeGroup=3>)   * Prodigy   (<https://sso.prodigygame.com/game/signup>)   * Or find an online Maths game you can share with the class when you come back to school. | Work on some mindfulness activities such as:   * Mindfulness colouring * Breathing exercises we have practised in school * Yoga (<https://www.cosmickids.com/>) * Relax Kids strategies you have learned   Feel free to do some research to find other ideas or just think about things you do look after your mental health (think mindfulness activities, quiet tasks or things you enjoy doing to keep calm and relaxed). Create a poster or video explaining the strategies you use to be mindful, calm and relaxed. |
| Practise solving problems involving addition (+), subtraction (-), multiplication (x) and division (÷) | Keep a food and drink diary. Each day record what you have eaten for each meal (include snacks too) and the drinks you have had (are you staying hydrated?). You can record your food diary on paper by writing it down and drawing pictures, or take photos and label what you have eaten, or do a video and talk about the foods you have chosen. Can you identify the different food groups in each meal? What could you have added to your meals to make them more balanced? Could you have made healthier choices for certain meals or snacks? You could make a weekly meal plan as well. |
| Free writing   * short story * poem * letter * a daily journal entry * persuasive piece * instructions * factual writing on a topic which interests you. | Do a practical measuring activity. Some examples include measuring the height of people at home, the distance between two objects, the size of a room, measure ingredients when baking, or an idea of your own. |
| Watch a film or TV programme, then re-write it in your own words, write a review or write a summary of what happened. | Create a questionnaire or survey then ask family and friends for their answers to your questions. Create a table, chart or graph to collect and show your findings. | **Learning Across the Curriculum** |
| Choose a photograph that means a lot to you. Tell what it was about, what happened, what made it special. You can do this in any way you like – words, drawings, photos etc. | Produce some artwork. It could be linked to our work in class, a response to the work of an artist of your choosing, a picture of the seasons, a self-portrait or portrait of a family member or pet, what you see outside your window or in your garden – anything you would like, any size and using any medium you choose. |
| Look at newspapers or watch TV news bulletins. Select a news story on any topic which you find interesting and rewrite it in your own words. Write it in journalistic style – headline, interviews, quotes etc. You could also turn it into a video news report. | Do some work with money. Think about items you might like to buy and find out how long you would have to save to be able to buy them. Where can you find the best deal on the item you want? If you had a certain budget or amount of money to spend, what could you buy? | Carry out some research into some of these topics:   * A country * The human body and senses * Lifecycles of plants and animals * Animal habitats (make a model)   Create a poster, PowerPoint presentation, video or piece of writing about what you have learned. |
| Create a spelling list of words you find tricky or challenging. Practise them using some of the activities you have done in class. |  | Practise your typing skills using Dance Mat Typing (<https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>) and <https://www.freetypinggame.net/> |
| Other helpful links:   * <https://education.gov.scot/improvement/scotland-learns/> Here you will find a range of ideas and suggestions of activities from the Scottish Government and Education Scotland to help you support learning at home. They are arranged into Literacy and English, Mathematics and Numeracy, Health and Wellbeing, as well as Themed learning activities. The activities are aimed at a variety of ages. The year groups next to the activities are a general guide only. * <https://www.bbc.co.uk/bitesize/levels/zr48q6f> and <https://www.bbc.co.uk/bitesize/dailylessons> for a variety of activities and lessons from across the curriculum. | | |