Dear Parent/Carer,

I hope this finds you well. At Asthma and Allergy Foundation we provide evidence-based health information, confidential advice, and practical support to people with asthma, their families, and carers across Scotland.

Our Health Promotion Manager has been delivering asthma workshops to schools throughout Aberdeen and Aberdeenshire to educate, increase awareness of the condition and ensure as many people as possible know what to do in the event of an asthma attack.

We work alongside Prof Steve Turner to ensure the information we are delivering is correct and evidence based. Prof Turner is a Professor of Paediatrics at the University of Aberdeen and has been part of the team providing care for children with asthma at Royal Aberdeen Children’s Hospital since 2003. He is part of the British Thoracic Society group which produces the UK Guideline for the Management of Asthma, and he has published more than 100 papers (most of which have an asthma theme) and holds more than £1M in grants to support asthma research.

His team in Aberdeen has received funding to look at whether the addition of spirometry to usual asthma care in <16-year-olds reduced asthma attacks compared to usual care alone. They are looking to recruit 550 children from ~50 centres across the UK.

If this is something you would be interested in please either call us with your details on 01224 973001 or e mail us: info@asthmaandallergy.org.uk

Thank you for your time and hope to hear from you

Many thanks

Vicki McGrain Rae

Health Promotion Manager AAF