

# Aberdeenshire Primary School Menus—From April 2023

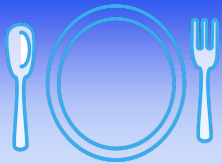
Week 1 – 17<sup>th</sup> April, 8<sup>th</sup> May, 29<sup>th</sup> May, 19<sup>th</sup> June, 21<sup>st</sup> Aug, 11<sup>th</sup> Sept, 2<sup>nd</sup> Oct 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Carrot Soup V</b>	<b>Lentil Soup V</b>	<b>Melon Wedge</b>	<b>Chicken Noodle Soup</b>	<b>Tomato Soup V</b>
<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>
<b>Breaded Haddock</b> Garden Peas Sweetcorn Chips	<b>Our Butchers Pork Sausages in Gravy</b> served in a <b>Yorkshire Pudding</b> Sliced Carrots Broccoli Florets Mashed Potatoes	<b>Macaroni Cheese V</b> Garden Peas Sliced Beetroot Potato Wedges	<b>Homemade Margherita Pizza V</b> Side Salad Vegetable Sticks Penne Pasta	<b>Spaghetti Bolognese</b> Side Salad Sweetcorn Garlic Bread
<b>Penne Pasta &amp; Tomato Sauce V</b> Garden Peas Sweetcorn	<b>Baked Potato</b> topped with Baked Beans V Side salad Grated Carrots	<b>Chicken Goujons</b> served with Tomato Ketchup Garden Peas Sliced Beetroot Potato Wedges	<b>Pulled Pork in a Bun</b> Side Salad Vegetable Sticks	<b>Cheddar Cheese Panini V</b> served with Side Salad & Sweetcorn
<b>Soup &amp; Sandwich Platter</b>	<b>Soup &amp; Sandwich Platter</b>	<b>Soup &amp; Sandwich Platter</b>	<b>Soup &amp; Sandwich Platter</b>	<b>Sandwich Platter</b>
<b>Carrot Soup V</b> <b>Cheddar Cheese Soft Roll</b> Served with Side Salad & Grated Carrots	<b>Lentil Soup V</b> <b>Tuna Mayonnaise Sandwich</b> served with Side Salad & Cucumber Sticks	<b>Melon Wedge</b> <b>Hot Mini Meatball Sub</b> served with Side Salad & Pepper Sticks	<b>Chicken Noodle Soup</b> <b>Ham Sandwich</b> Served with Side Salad & Vegetable Sticks	<b>Tomato Soup V</b> <b>Thinly Sliced Chicken Sandwich</b> served with Side Salad & Pizza Finger
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
<b>Fresh Fruit of the Day</b> or Raisins served with <b>Chocolate Yoghurt Cake</b>	<b>Fresh Fruit of the Day</b> served with a <b>Shortbread Biscuit and Milk</b>	<b>Fresh Fruit of the Day</b> or Raisins served with <b>Cheese &amp; Biscuits</b>	<b>Mandarins in Juice</b> served with <b>Vanilla Ice Cream</b> or <b>Fresh fruit of the day</b> with <b>Vanilla Ice Cream</b>	<b>Fresh Fruit of the Day</b> served with a <b>Cheese &amp; Biscuits</b>

**V** = Vegetarian

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# Aberdeenshire Primary School Menus – From April 2023



Week 2 – 24<sup>th</sup> April, 15<sup>th</sup> May, 5<sup>th</sup> June, 26<sup>th</sup> June, 28<sup>th</sup> Aug, 18<sup>th</sup> Sept, 9<sup>th</sup> Oct 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Lentil Soup V</b>	<b>Vegetable Soup V</b>	<b>Melon Wedge</b>	<b>Watermelon Wedge</b>	<b>Minestrone Soup V</b>
<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>
<b>Homemade Chicken Pie</b> Broccoli Florets Sliced Carrots Mashed Potatoes	<b>Homemade Margherita Pizza V</b> Side Salad Vegetable Sticks Garlic Bread	<b>Breaded Haddock</b> Garden Peas Baked Beans Chips	<b>Steak Mince with a Yorkshire Pudding</b> Sliced Carrots Broccoli Florets Mashed Potatoes	<b>Beef Burger in a Bun</b> Served with optional Tomato Ketchup Sweetcorn Grated Carrots
<b>Stir Fried Vegetable Rice V</b> Side Salad Broccoli Florets	<b>Mild Beef Chilli served in a Baked Potato</b> Side Salad Vegetable Sticks	<b>Seasonal Cold Platter V</b> with Homemade Bread served with a Dip	<b>Vegetable Fajita Pocket V</b> Side Salad Broccoli Florets	<b>Tomato Pesto Pasta V</b> Sweetcorn Grated Carrots
<b>Soup &amp; Sandwich Platter</b>	<b>Soup &amp; Sandwich Platter</b>	<b>Soup &amp; Sandwich Platter</b>	<b>Soup &amp; Sandwich Platter</b>	<b>Soup &amp; Sandwich Platter</b>
<b>Lentil Soup V</b> Thinly Sliced Ham Sandwich served with Side Salad & Pineapple	<b>Vegetable Soup V</b> Egg Mayonnaise Sandwich served with Side Salad & Vegetable Sticks	<b>Melon Wedge</b> Cheddar Cheese in a Soft Roll V served with Side Salad & Grated Carrots	<b>Melon Wedge V</b> Tuna Mayonnaise Sandwich served with Side Salad & Pepper Sticks	<b>Minestrone Soup V</b> Sliced Chicken Sandwich served with Side Salad & Grated Carrot
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
<b>Fresh Fruit Platter</b> Or <b>Raisins</b> served with Cheese & Biscuits	<b>Fresh Fruit of the Day</b> served with <b>Oatie Biscuit and Milk</b>	<b>Raspberry Jelly</b> served with Pears in Juice or Cheese Oatie Biscuit	<b>Fresh Fruit of the Day</b> or <b>Chocolate Brownie</b> served with Custard	<b>Fresh Fruit of the Day</b> with a <b>Butterscotch Cookie and Milk</b>

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# Aberdeenshire Primary School Menus – From April 2023

Week 3 – 1<sup>st</sup> May, 22<sup>nd</sup> May, 12<sup>th</sup> June, 3<sup>rd</sup> July, 4<sup>th</sup> Sept, 25<sup>th</sup> Sept 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Carrot & Coriander Soup V	Watermelon Wedge	Melon Wedge	Lentil Soup V	Tomato Soup V
Main Course	Main Course	Main Course	Main Course	Main Course
Homemade Margherita Pizza V served with Garden Peas Carrot & Pepper Sticks Penne Pasta	Fish Fingers served with Baked Beans Sliced Beetroot Chips	Homemade Steak Pie Garden Peas Broccoli Florets Mashed Potatoes	Homemade Turkey Meatballs served in Tomato Sauce Broccoli Florets Sweetcorn Penne Pasta	Hot Dog in a Bun with optional Tomato Ketchup Side Salad Sweetcorn Potato Smiles
Chicken Curry with Long Grain Rice Garden Peas Carrot & Pepper Sticks	Macaroni Cheese V Baked Beans Sliced Beetroot Chips	Vegetarian Sausages V Garden Peas Broccoli Florets Mashed Potatoes	Cheese Panini V Side Salad Sweetcorn	Baked Potato with Baked Beans & Cheese V Side Salad Sweetcorn
Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter
Carrot & Coriander Soup V Egg Mayonnaise Sandwich served with Side Salad Carrot & Pepper Sticks	Melon Wedge Cheddar Cheese Sandwich served with Side Salad & Beetroot	Melon Wedge Thinly Sliced Ham in a Soft Roll served with Side Salad Cucumber Sticks	Lentil Soup V Tuna Mayonnaise Sandwich served with Side Salad Margherita Pizza Finger	Tomato Soup Thinly Sliced Chicken Sandwich served with Side Salad Sweetcorn
Dessert	Dessert	Dessert	Dessert	Dessert
Fresh Fruit of the Day or Raisins served with a Cheese Oatie Biscuit	Apple Cake served with Custard or Cheese & Biscuits	Sliced Peaches with Vanilla Ice Cream	Fresh Fruit Salad served with Optional Natural Yoghurt	Fresh Fruit of the Day served with a Chocolate Cookie & Milk

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