**Fishermoss School-Abernethy Adventure 2024-Activities**

**Adventure Course**- A loop of challenges to climb over, under and through. The course will help to develop balance, coordination and working together with partners.

**Canoeing**- At the pond, in pairs, you will be shown all the strokes needed to control your canoe. On the water games will be used to practice techniques and improve skills.

**Archery**- You will be shown how to safely use the archery equipment and improve your aim.

**Zip Wire**- Wearing a harness, you will be clipped onto the wire and fly from a tree, over the pond, unclipping yourself at the bottom ready for another go!

**Bushcraft**- We will teach you the skills needed to light campfires and build shelters.

**Raft Building**- Work together as a team to design and build a raft, before putting it to the test on our pond! Will it stay together in one piece, or will you and your team end up in the water?

**Jacob's Ladder**- A giant ladder in the trees where the rungs get gradually further apart. In pairs you will help each other climb to the top whilst your team uses ropes to keep the climbers safe.

**Silver Maze**- On-site team building activities dotted around the forest. Each of the activities will help develop different aspects of teamwork.

**Climbing Wall**- Introduction to indoor climbing with a mixture of low-level bouldering and harnessed, roped climbing.